



# The Natural Bakery (IE)

Menu Prices — August 21, 2026

## Restaurant & Food Industry Reports



**US Fast Food Restaurant Market Research**

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

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**The U.S. Fast-Casual Restaurant Industry**

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

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**2025 US Dining Restaurants & Industry**

MARKET RESEARCH

**Casual Dining Industry →**

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Picked for you

| ITEM                                                                                                                                                       | PRICE  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| <div><div>7" Red Velvet Cake</div><div>Red velvet cake. Crimson layers of light vanilla sponge covered with a fluffy cream cheese frosting.</div></div>    | €30.00 |
| <div><div>7" Lemon Buttercream</div><div>Lemon sponge decorated with a delicious lemon buttercream. It is finished with white chocolate curls.</div></div> | €25.00 |
| <div><div>7" Strawberry Cheesecake</div><div>false</div></div>                                                                                             | €25.00 |
| <div><div>Tiramisu</div><div>Contains: Gluten wheat, Eggs, Milk, Nuts, and Soybeans, Sulphites.</div></div>                                                | €4.50  |
| <div><div>Chai latte</div></div>                                                                                                                           | €4.50  |

Savoury

| ITEM                                                                                                                                                                           | PRICE |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <div><div>Vegan Sausage Roll</div><div>All orders for tuesday, wednesday, thursday and friday can be done one day in advance, but order must be placed before 2...</div></div> | €4.00 |
| <div><div>Steak Pie</div><div>False</div></div>                                                                                                                                | €5.00 |

Pastry

| ITEM                                                                                                                                                                                 | PRICE |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <div><div>Organic Almond Croissant</div><div>À notre boulangerie, nous préparons chaque jour à la main ces croissants feuilletés, garnis d'une pâte d'amande onctueus...</div></div> | €4.00 |
| <div><div>Organic Butter Croissant</div><div>Chaque matin, nos croissants au beurre biologique sont façonnés à la main et cuits au four jusqu'à obtention d'un doré p...</div></div> | €3.50 |
| <div><div>Organic Cinnamon Swirl</div><div>Cinnamon meets sugar in this lightly spiced bun that will complement that coffee beautifully. Contains:Gluten wheat, Egg...</div></div>   | €3.50 |
| <div><div>Organic Raisin Danish</div><div>Raisins compliment this golden and lightly sweet pastry. Contains: Gluten wheat, Eggs, Soybeans, and Milk.</div></div>                     | €3.50 |
| <div><div>Organic Chocolate Twist</div><div>Organic Chocolate Twist</div></div>                                                                                                      | €3.50 |
| <div><div>Organic Pear and Almond Scone</div><div>false</div></div>                                                                                                                  | €3.50 |
| <div><div>Organic Fruit Scone</div><div>The classic afternoon tea treat, a buttermilk scone freshly baked.</div></div>                                                               | €3.50 |
| <div><div>Organic Plain Scone</div><div>The classic afternoon tea treat, a buttermilk scone freshly baked.</div></div>                                                               | €3.50 |

Large Cakes

| ITEM                                                                                                                                                                                        | PRICE  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| <div><div>7" Red Velvet Cake (Large Cakes)</div><div>Red velvet cake. Crimson layers of light vanilla sponge covered with a fluffy cream cheese frosting.</div></div>                       | €30.00 |
| <div><div>7" Lemon Buttercream (Large Cakes)</div><div>Gâteau moelleux au citron garni d'une douce crème au beurre citronnée, agrémenté de délicates boucles de chocolat blanc.</div></div> | €25.00 |

| ITEM                                                                                                                                                                                        | PRICE  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| <div><div>7" Strawberry Cheesecake (Large Cakes)</div><div>false</div></div>                                                                                                                | €25.00 |
| <div><div>7" Belgian Chocolate Fudge Cake</div><div>Ce gâteau au fudge au chocolat de 7 pouces est préparé avec soin, débordant de saveurs chocolatées intenses. Il est napp...</div></div> | €22.00 |
| <div><div>7" Oreo Cake</div><div>Chocolate sponge cake with a layer of vanilla buttercream filling. It is finished with Oreo biscuits</div></div>                                           | €30.00 |
| <div><div>7" Vanilla Buttercream</div><div>This is our plain sponge cake layer it with Raspberry Jam and vanilla buttercream. It is finished with white chocolate c...</div></div>          | €25.00 |
| <div><div>7" Oreo Cheesecake</div><div></div></div>                                                                                                                                         | €25.00 |
| <div><div>7" White Chocolate and Raspberry Cheesecake</div><div>false</div></div>                                                                                                           | €25.00 |

Bakery

| ITEM                                                                                                                                                                          | PRICE |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <div><div>Chocolate Cupcake</div><div>Allergens: Gluten (WHEAT), Eggs, Milk Our products may contain traces of gluten, nuts, eggs, soybeans, sesame seeds or m...</div></div> | €3.25 |
| <div><div>Nutella Brownie</div><div>Contains: Gluten wheat, Eggs, Milk, Nuts, and Soybeans, Sulphites.</div></div>                                                            | €3.99 |
| <div><div>Chocolate Muffin</div><div>Chocolate lovers will fall for this rich muffin, which has a chocolate base and also, lots of chocolate pieces for you t...</div></div>  | €3.25 |
| <div><div>Lemon Muffin</div><div>Contains: Gluten wheat, Eggs, Milk, Nuts, and Soybeans, Sulphites.</div></div>                                                               | €3.25 |
| <div><div>Lemon Cupcake</div><div>false</div></div>                                                                                                                           | €3.25 |
| <div><div>Ferrero Cheesecake</div><div>false</div></div>                                                                                                                      | €5.00 |
| <div><div>Gingerbread Man</div><div>false</div></div>                                                                                                                         | €3.25 |
| <div><div>Pastel De Nata</div><div>false</div></div>                                                                                                                          | €2.99 |
| <div><div>Tiramisu (Bakery)</div><div>Contains: Gluten wheat, Eggs, Milk, Nuts, and Soybeans, Sulphites.</div></div>                                                          | €4.50 |
| <div><div>Chocolate Eclair</div><div>Choux pastries generously filled with the freshet cream, covered with chocolate.</div></div>                                             | €4.50 |
| <div><div>Coffee choux</div><div>Choux Pastry filled with Fresh Cream and Topped with Coffee Fondant.</div></div>                                                             | €4.50 |
| <div><div>Coffee Slice</div><div>Flocons de pâte feuilletée, garnis de crème fraîche et surmontés d'un glaçage café délicat.</div></div>                                      | €4.50 |
| <div><div>Custard Slice</div><div>Slices of flaky pastry with fresh cream, custard, and fondant topping on top.</div></div>                                                   | €4.50 |
| <div><div>Blueberry Muffin</div><div>A soft, moist muffin with plenty of baked blueberries inside. Allergens: Gluten (WHEAT), Eggs, Milk, Nuts, Soybeans, Sul...</div></div>  | €3.25 |
| <div><div>Almond Slice</div><div>Contains: Gluten wheat, Eggs, Milk, Nuts, and Soybeans, Sulphites.</div></div>                                                               | €3.99 |
| <div><div>Rocky Road</div><div>false</div></div>                                                                                                                              | €3.99 |

| ITEM                                                                                                                                                                      | PRICE |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <div><b>Viennese Whirls</b></div> <div>Biscuits légers et tendres, réalisés avec du blé, lait, noix et soja, ces délicats cercles pâtisseries aux inspirations v...</div> | €3.99 |
| <div><b>Cheesecake slice</b></div> <div>false</div>                                                                                                                       | €5.00 |
| <div><b>Cream Donut</b></div> <div>Square shaped donuts, filled with fresh cream and a touch of jam.</div>                                                                | €4.50 |
| <b>Apple Crumble Tartlet</b>                                                                                                                                              | €4.50 |
| <b>Lemon Meringue Tartlet</b>                                                                                                                                             | €4.50 |
| <b>Pear and Almond Tartlet</b>                                                                                                                                            | €4.50 |
| <b>Pear Tartlet</b>                                                                                                                                                       | €4.50 |

Coffee

| ITEM                                          | PRICE |
|-----------------------------------------------|-------|
| <div><b>Flat White</b></div> <div>false</div> | €4.20 |
| <div><b>Americano</b></div> <div>false</div>  | €3.50 |
| <div><b>Latte</b></div> <div>false</div>      | €4.20 |
| <b>Cappucinno</b>                             | €4.20 |
| <b>Chai latte (Coffee)</b>                    | €4.50 |
| <b>Peppermint tea</b>                         | €3.50 |
| <div><b>Tea</b></div> <div>false</div>        | €3.25 |
| <b>Green Tea</b>                              | €3.50 |

Soft Drinks

| ITEM                                                              | PRICE |
|-------------------------------------------------------------------|-------|
| <b>Aqua panna Still Water</b>                                     | €2.50 |
| <b>Coke</b>                                                       | €2.50 |
| <div><b>Diet Coke</b></div> <div>false</div>                      | €2.50 |
| <div><b>Fanta</b></div> <div>false</div>                          | €2.50 |
| <div><b>San Pellegrino Sparkling water</b></div> <div>false</div> | €2.50 |

Macarons

| ITEM                                                                                                                                                                       | PRICE |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <div><b>Raspberry Macaron</b></div> <div>These raspberry macaroon are tangy, sweet, and melt in your mouth amazing. Eggs, Nuts (Almonds), Soybeans Our products m...</div> | €2.50 |

| ITEM                                                                                                                                                    | PRICE |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Pistachio Macaron</b><br>These pistachio macarons are tangy, sweet, and melt in your mouth amazing. Eggs, Nuts (Almonds), Soybeans Our products m... | €2.50 |
| <b>Chocolate Macaron</b><br>These chocolate macarons are tangy, sweet, and melt in your mouth amazing. Allergens: Eggs, Nuts (Almonds), Soybeans Our... | €2.50 |
| <b>Vanilla Macaron</b><br>Un biscuit délicat à base d'amandes renfermant une ganache à la vanille onctueuse, créant une bouchée à la texture à la...    | €2.50 |

Donuts

| ITEM                                                                                             | PRICE |
|--------------------------------------------------------------------------------------------------|-------|
| <b>Sugar Ring Donut</b><br>Contains: Gluten, Eggs, Milk, Nuts, and Soybeans, Sulphites.          | €2.00 |
| <b>Cream Donut (Donuts)</b><br>Square shaped donuts, filled with fresh cream and a touch of jam. | €4.50 |

Gluten Free

| ITEM                                         | PRICE |
|----------------------------------------------|-------|
| <b>Gluten Free Blueberry Muffin</b>          | €3.99 |
| <b>Gluten Free Chocolate Muffin</b><br>false | €3.99 |
| <b>Gluten Free Brownie</b><br>false          | €3.99 |
| <b>Gluten Free Flapjack</b><br>false         | €3.99 |

Vegan

| ITEM                                                                                                                                                             | PRICE |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Vegan Sausage Roll (Vegan)</b><br>All orders for tuesday, wednesday, thursday and friday can be done one day in advance, but order must be placed before 2... | €4.00 |

Bread

| ITEM                   | PRICE |
|------------------------|-------|
| <b>Sourdough bread</b> | €5.00 |